



Reiki Level I Certification Course

After this one-day workshop you will:

Know the history of Reiki

Know the basic Reiki hand positions

Know the sacred “power symbol”

Characteristics of the 7 Chakras

How to Ground, Center and Channel higher energies

Experience healing energy working through you

Receive a spiritual attunement from a Reiki Master

Be able to give a Reiki treatment to yourself and others

Is Reiki Level I for you?

1. **You're in the healthcare field/Caregiver.** If you are a massage therapist, doctor, nurse, psychotherapist, aesthetician, reflexologist, healer, coach, chiropractor, naturopath or someone who works in close relationship with the general public or if you are a caregiver. This certification helps you to channel healing energy to all those that are in close proximity to you adding a boost to whatever modality you are employing. Your clients will feel the difference and so will you since you'll have more to give.
2. **You need to recharge your batteries/Balance your energy.** While helping others is one of the most rewarding ways to make a living, it can also be draining on our energy. Reiki allows you to access the higher energies to recharge your own energy while also channeling that same energy to your clients. You can set up a healing before bed and recharge while you fall asleep or you can make it part of your morning ritual or lunch time break. However you choose to incorporate Reiki into your daily routine, it will keep you energetically balanced and ready to give fully to your clients.



- 3. On the self-healing journey.** Reiki calls to people that are learning more about themselves as the intuitive, spiritual beings that we are. Perhaps you want to learn more about the chakras, develop your intuition, heal your wounds and negative beliefs or simply be a clearer channel for healing energy. This certification is a fantastic foundation for developing each of these goals and more.
- 4. You are an empath.** As feelers we are sometimes flooded with emotions that may not be ours. This course will help empaths to heal and release emotions that do not belong to them while also becoming more aware of who an emotion belongs to and how to let it go.

About Madeleine

Madeleine Chevrier is a Trame Vibrational Therapist, Reiki Master and Teacher, Meditation Teacher, Certified Muscle Activation Specialist, and Qi Gong practitioner with over 15 years of industry experience in healing and rehabilitation. Madeleine has a 6 year old daughter named Zoe and resides on a horse farm in Uxbridge. She practices in Aurora, Uxbridge and Toronto.

Note: This class is appropriate even if you are a beginner or have been trained in Reiki Before. Every teacher has a different set of gifts and you will take something unique from this training as my background has been shaped by who I trained with: Donna Teodorov and Dr. Tanis Day. My intention is to help to empower you in your Reiki practice by helping you identify your strengths and your own style of practice. Often, we start with Reiki and move on to different healing modalities once we start to develop our spiritual gifts. I look forward to connecting with each one of you and am available after the course is completed to answer questions or give guidance free of charge. It is my dedication to you and your growth that makes this workshop extend beyond the walls of the classroom and into your life going forward.

Course Details:

Reiki Level I - 1 Day Certification Course and Attunement

Investment: \$250.00 (tax incl.)

When: Saturday November 24th from 9am-4pm

Registration: Deposit of \$75 to Save your Space in the course

Save \$50 if you refer a Friend!

Payment Methods: Interac E-Transfer to apanabodywork@gmail.com with password: Reiki

Cash or credit are all accepted (over the phone 905.503.1761 or in person) at 150 Wellington St. E, Aurora



Your questions are welcome! Contact Madeleine at 647.801.2424 or email at apanabodywork@gmail.com with any questions about the Course.